

DuBois Central Catholic School

December 2020

Breakfast Menu

Head Cook: Louise Vasbinder

814.372.3885



| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
| | 1 Remote Learning | 2 Remote Learning | 3 Remote Learning | 4 Remote Learning |
| 7 Ultra Cinnamon Bun or Assorted Whole Grain Cereal with Jungle Crackers Chilled Juice or Fruit Low Fat Milk | 8 Strawberry Mini Bagels or Assorted Whole Grain Cereal with Jungle Crackers Chilled Juice or Fruit Low Fat Milk | 9 Cherry Frudel or Assorted Whole Grain Cereal with Jungle Crackers Chilled Juice or Fruit Low Fat Milk | 10 Eggo Mini Maple Waffles or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Low Fat Milk | 11 Mini Cinnamon Rolls or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Low Fat Milk |
| 14 Goody Ring or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Low Fat Milk | 15 Maple Cinnamon Pancakes or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Low Fat Milk | 16 Eggo Chocolate Chip French Toast or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Low Fat Milk | 17 Cinnamon Roll or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Low Fat Milk | 18 Banana Bread or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Low Fat Milk |
| 21 Confetti Pancakes or Assorted Whole Grain Cereal with Toast Chilled Juice or Fruit Low Fat Milk | 22 Soft Filled Cocoa Puffs Bar or Assorted Whole Grain Cereal with Jungle Crackers Chilled Juice or Fruit Low Fat Milk | 23 Apple Roll or Assorted Whole Grain Cereal with Jungle Crackers Chilled Juice or Fruit Low Fat Milk | 24 No School | 25 No School |
| 28 No School | 29 No School | 30 No School | 31 No School | |

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

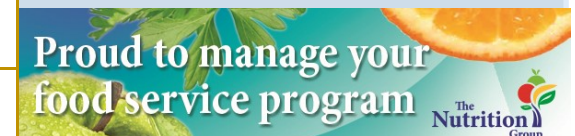
Alternate Options May Include:

Banana or Blueberry Muffins
Assorted Breakfast Breads
Assorted Breakfast Bars
Yogurt & Jungle Crackers
Assorted Donuts

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily
Fat Free Chocolate, Fat Free Strawberry,
Fat Free White and Low Fat White



Meal Prices:

Paid \$1.00

Reduced \$.30



MENUS SUBJECT TO CHANGE

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE