

SCHOOL WELLNESS INDEX

ERIE / WARREN COUNTIES

LEGEND: 1 = Consistently exceeds goal 2 = Consistently meets goal 3 = Needs work to meet goal * = Not Applicable

GOALS	Blessed Sacrament	Cathedral Prep	Holy Family	Our Lady of Mt. Carmel	Our Lady of Peace	Our Lady's Christian	St. Boniface, Erie	St. George	St. Gregory	St. James	St. Joseph, Warren	St. Luke	St. Peter Cathedral	St. Thomas	Villa Maria Academy
School provided comprehensive nutrition education program.	1	2	2	2	2	2	1	1	2	2	1	2	2	2	1
Nutrition Education is incorporated into the curriculum.	2	2	2	2	2	2	1	1	2	2	1	2	2	2	1
The school provided a comprehensive physical education program that meets Diocesan Standards.	2	2	1	1	2	2	1	1	1	2	2	1	1	1	1
The school educated students about the value of physical activity and provided opportunities for every student to develop his/her knowledge and skills.	2	2	2	1	2	1	1	1	1	2	2	2	1	1	1
Students do not have periods of 2 hours or more of inactivity.	2	2	2	1	2	2	1	2	1	2	2	1	1	2	1
The School Lunch Program met all minimum requirements set by local, state, and federal statues.	1	1	1	*	2	2	*	1	*	2	*	1	2	2	1
Students have a minimum of 20 minutes to eat lunch and a minimum of 10 minutes to eat breakfast.	1	1	2	1	1	1	2	1	1	2	2	1	1	1	1
Students have access to hand washing or hand sanitizing before all meals and snacks.	1	2	2	1	1	1	2	2	1	2	2	1	1	1	1
Healthy food and beverage choices were available at vending machines, student stores, and at parties and fundraisers.	2	2	2	2	2	2	2	2	2	2	2	2	2	2	1
Beverage consumption in the classroom was limited to water, 100% juice, and low fat or non-fat milk.	2	2	2	1	2	1	1	2	1	2	2	1	1	2	1
Fundraising efforts include healthy foods and non food items.	2	2	2	2	2	1	1	1	2	2	2	2	1	2	2

SCHOOL WELLNESS INDEX

CLARION / CRAWFORD / MERCER / VENANGO COUNTIES

LEGEND: 1 = Consistently exceeds goal 2 = Consistently meets goal 3 = Needs work to meet goal * = Not Applicable

GOALS	Blessed John Paul II	Kennedy Catholic MS	St. Joseph, Lucinda	St. Patrick	St. Stephen	Seton Catholic
School provided comprehensive nutrition education program.	2	2	2	1	1	2
Nutrition Education is incorporated into the curriculum.	2	2	1	1	1	2
The school provided a comprehensive physical education program that meets Diocesan Standards.	2	1	2	2	1	1
The school educated students about the value of physical activity and provided opportunities for every student to develop his/her knowledge and skills.	2	1	2	1	1	1
Students do not have periods of 2 hours or more of inactivity.	2	2	1	1	1	1
The School Lunch Program met all minimum requirements set by local, state, and federal statues.	1	*	*	*	1	*
Students have a minimum of 20 minutes to eat lunch and a minimum of 10 minutes to eat breakfast.	1	1	1	1	1	1
Students have access to hand washing or hand sanitizing before all meals and snacks.	1	1	1	1	1	1
Healthy food and beverage choices were available at vending machines, student stores, and at parties and fundraisers.	2	2	2	1	1	1
Beverage consumption in the classroom was limited to water, 100% juice, and low fat or non-fat milk.	1	2	2	1	1	1
Fundraising efforts include healthy foods and non food items.	2	1	2	1	1	2

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CLEARFIELD / ELK / JEFFERSON / MCKEAN COUNTIES

LEGEND: 1 = Consistently exceeds goal 2 = Consistently meets goal 3 = Needs work to meet goal * = Not Applicable

<u>GOALS</u>	DuBois Area Catholic	St. Bernard	St. Boniface, Kersey	St. Francis	St. Leo	Elk County Catholic	Ss. Cosmas & Damian
School provided comprehensive nutrition education program.	2	2	2	2	1	1	2
Nutrition Education is incorporated into the curriculum.	2	2	2	2	2	2	2
The school provided a comprehensive physical education program that meets Diocesan Standards.	2	2	2	2	1	1	2
The school educated students about the value of physical activity and provided opportunities for every student to develop his/her knowledge and skills.	1	2	2	2	2	2	2
Students do not have periods of 2 hours or more of inactivity.	1	1	2	2	2	1	2
The School Lunch Program met all minimum requirements set by local, state, and federal statutes.	1	1	1	1	*	1	2
Students have a minimum of 20 minutes to eat lunch and a minimum of 10 minutes to eat breakfast.	2	1	2	1	2	1	1
Students have access to hand washing or hand sanitizing before all meals and snacks.	1	1	1	1	2	1	1
Healthy food and beverage choices were available at vending machines, student stores, and at parties and fundraisers.	1	1	2	2	2	2	2
Beverage consumption in the classroom was limited to water, 100% juice, and low fat or non-fat milk.	1	2	2	2	1	2	1
Fundraising efforts include healthy foods and non food items.	2	2	2	2	2	1	2